

NOT

WANTED



**PNEUMO LOU**



**JOE FLU**

You do not want these two outlaws! They've been known to rob innocent people of their health and steal their enjoyment of daily living. They can strike anyone, especially those who are over 65 years of age and those who have long-term health problems or conditions that lower the body's resistance to infection. (Please see the website of the Centers for Disease Control and Prevention, [www.cdc.gov/flu](http://www.cdc.gov/flu), for more detailed information about at-risk populations.)

You can protect yourself from Pneumo Lou and Joe Flu by getting the pneumococcal and flu vaccinations. Call your doctor or the PA Department of Health (1-877-PA-HEALTH) for more information and get immunized today.



TIOGA COUNTY  
**Partnership for  
Community Health**

**PROTECT YOURSELF. GET IMMUNIZED.**