

Saturday, September 26, 2009, 10 am

www.stepoutdoors.org



Trail Challenge

Ives Run 2009

Trail Challenge at Ives Run Recreation Area

The US Army Corps of Engineers and Step Outdoors are now accepting registrations for the second annual trail challenge at Ives Run Recreation Area, Tioga, PA. Participants will encounter a variety of terrain covering just under 4 miles in length. For more information, you may call 570-723-0520, email tcp31@epix.net, or visit www.stepoutdoors.org. Come walk or run at **Ives Run** on **Saturday, September 26** at **10 am!** (Check-in begins 8:30 am)



US Army Corps of Engineers®

REGISTRATION FEES

By September 1: \$15

*After September 1: \$20

*On race-day : \$20

** Early registration is encouraged to ensure we have appropriate sizes and quantity of T-shirts.*



Detach and return to the Tioga County Partnership, PO Box 812, Wellsboro, PA 16901. Make checks payable to "TCPCH".

NAME: _____

AGE: _____ GENDER: **MALE** **FEMALE**

ADDRESS: _____

TELEPHONE: _____

EMAIL: _____

T-SHIRT SIZE: **XS S M L XL XXL**

I hereby acknowledge voluntary participation in the Ives Run Trail Run on September 26, 2009, and understand that participating in physical activities such as this hold certain inherent risks. I understand these risks may vary depending upon personal fitness level, weather conditions, and other unforeseen circumstances, and by my signature, I release all organizing parties of any liability should a personal injury occur during the course of the activity.

signature: _____

date: _____