

REGISTRATION

TRAIL CHALLENGE
IVES RUN RECREATION AREA
OCTOBER 9, 2011



RACE-DAY TIMES

CHECK-IN: 12:30-1:30 PM
PRE-RACE MEETING: 1:40 PM
RACE START: 2:00 PM



**US Army Corps
of Engineers®**

The US Army Corps of Engineers and Step Outdoors are now accepting registrations for the 4th annual trail challenge at Ives Run Recreation Area, Tioga, PA. Walkers & runners will encounter a variety of terrain covering approximately four miles of trail. Register today and tell a friend!

STEP OUTDOORS
WHERE HEALTH MEETS ADVENTURE!

**WALKERS & RUNNERS
OF ALL AGES ARE WELCOME!**
Gender/age categories include:

MALE		FEMALE	
12 & under		12 & under	
13-17	51-65	13-17	51-65
18-30	over 65	18-30	over 65
31-50		31-50	

3. Please make entry fee checks payable to "TCPCH" and send with completed form to:

U.S. Army Corps of Engineers
Attn: Trail Challenge
710 Ives Run Lane
Tioga, PA 16946

2. **PRE-REGISTER BY SEPTEMBER 9:**
\$15/person, T-shirt guaranteed

**AFTER SEPT 9th: \$15/person
Limited T-shirts; while supplies last!**

Children 12 yrs. and under can either register for \$12 with shirt included or participate for FREE with no shirt included.

4. **REGISTRATION**

Name: _____
Address: _____
Age: _____ Gender: M F
Phone: _____
email: _____
T-shirt size: S M L XL XXL
* Signature: _____
* Parental Signature: _____ (if registrant under 18 years of age)
Date of Signature: _____



Emergency Contact _____ (name & relationship)
Contact _____ (phone #)

Relevant Medical Information/Health Conditions

5. *** HEAR YE, HEAR YE!**

It shall be declared that your signature serves the purpose of a liability waiver, photo release, and permission for posting race results. Be a wise ol' owl and read the red print below:



By signing this form, I acknowledge my understanding of the inherent risks associated with participating in the Ives Run Trail Challenge held at Ives Run Recreation Area. I understand risk may vary depending upon personal fitness level, weather conditions, and other unforeseen circumstances. I acknowledge having a fitness level capable of participating, accept personal responsibility for my participation, and release the organizing parties of liability should a personal injury occur during the course of the activity. In addition, I give permission for photos to be taken during the event and posted in public forums such as the Step Outdoors website, newspapers, posters, and advertising media. I also give permission for my name to be included in the race results which may appear on www.stepoutdoors.org and in local newspapers. Permission will be assumed unless otherwise stated in writing and presented to the registration tent the day of the trail challenge.

QUESTIONS?

570-835-0113 www.stepoutdoors.org