

Shot Talk

Winter 2010

The Newsletter of the Tioga County Immunization Work Group

Attention Parents!!

DON'T WAIT...VACCINATE NOW!

School immunization regulations will be changing for the **School Year 2010-11**. Children in **ALL GRADES** will need the following:

- 4 doses of tetanus/diphtheria*
(1 dose on or after 4th birthday)
- 3 doses of polio
- 2 doses of measles**
- 2 doses of mumps**
- 1 dose of rubella (German measles)
- 3 doses of hepatitis B
- 2 doses of varicella (chickenpox) vaccine or history of disease (phased in by 2010/2011)

*Usually given as DTP, DtaP, DT or Td

**Usually given as MMR

Children **ENTERING 7th GRADE in 2010/2011** will need the following:

- 1 dose of tetanus, diphtheria, acellular pertussis (Tdap)
(if more than 5 years has elapsed since last tetanus immunization)
- 1 dose of meningococcal vaccine (MCV4)

For more information, please call **1-877-PA-HEALTH** or visit the PA Dept of Health website at: www.health.state.pa.us.

Come join us at our monthly meetings!
The Tioga County Immunization Work Group meets on the fourth Wednesday, at 9:30 AM, at the 41 Room at Soldiers and Sailors Memorial Hospital.
See you there!

Don't Let Your Guard Down!

As of this writing, the number of confirmed cases of H1N1 flu and physician office visits for flu-like symptoms has gone down substantially. While we hope that the numbers will not reach those seen in the Fall of 2009 (see chart), on January 7th of this year officials at the Centers for Disease Control and Prevention issued a number of warnings. First, the H1N1 virus is still circulating and widespread activity is currently seen in Delaware, New Jersey, Maine and Virginia. Second, the beginning of the year often brings another wave of influenza. While it appears that the public's response to nationwide prevention efforts may have helped prevent a repeat of the 1957 pandemic flu death rates, it is too early to celebrate and the future remains uncertain. The Tioga County State Health Center has the H1N1 vaccine. If you can, help protect yourself and your family by getting vaccinated.

Percentage of Visits for Influenza-like Illness (ILI) Reported by the U.S. Outpatient Influenza-like Surveillance Network
(www.cdc.gov/h1n1flu/updates/us/#iliqrphs)

