

# Spring Fling 5K Run/Walk!

Sponsored by the Student Dietetic Association and Kelchner Fitness Center

## Saturday April 23rd, 2011 10:00 AM

Meet at the Mansfield Bike Path

**RACE START TIME: 10:00AM**

**RACE DAY REGISTRATIONS: 8:30 A.M. – 9:45 A.M.**

Awards presented immediately after the race to the first place overall male and female runners.

Awards will also be given to the first place winner of each age group.

Age Groups: Male & Female: 19 & under, 20-29, 30-39, 40-49, 50-59, 60+

**\* 5K Run Pre-Registration: \$15.00 (Includes t-shirt)**

**\*5K Day of Registration: \$18.00 (Includes t-shirt, while supplies last)**

The 5K will take place rain or shine!

Registration fee is non-refundable.

**Make checks payable to: Student Dietetic Association**

**Send Entries to: Mansfield University Alumni Student Center BOX 16 Mansfield, PA 16933**

**OR Return to Kelchner Fitness Center, Mansfield University**

The Student Dietetic Association is a student organization of Mansfield University.

As an organization we strive to promote health and wellness on campus and throughout the community.

---

**NAME:** \_\_\_\_\_ **AGE** \_\_\_\_\_

**GENDER: M F** (CIRCLE)

T-shirt Size: S M L XL (CIRCLE)

AMOUNT ENCLOSED \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

E-MAIL: \_\_\_\_\_

PHONE # \_\_\_\_\_

IN CONSIDERATION OF ACCEPTANCE OF MY ENTRY, I WAIVE ALL CLAIMS FOR MYSELF, MY HEIRS AND ASSIGNS AGAINST THE STUDENT DIETETIC ASSOCIATION, KELCHNER FITNESS CENTER, MANSFIELD UNIVERSITY, AND ANY INDIVIDUAL ASSOCIATED WITH THIS EVENT AND WILL HOLD THEM HARMLESS FOR ANY INJURY OR ILLNESS WHICH MAY RESULT FROM MY PARTICIPATION, INCLUDING TRAVEL TO AND FROM THE EVENT.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

*(SIGNATURE OF PARENT OR GUARDIAN IF PARTICIPANT IS UNDER 18 YEARS OLD ON RACE DAY)*

PRINT: \_\_\_\_\_

For more information contact [MU5Krun@gmail.com](mailto:MU5Krun@gmail.com)